

# ISLANDTOUCH MASSAGE & SPA, INC.

“The authentic feel and touch of the Islands.”

772-286-8699    www.islandtouchmassage.com

## ● MASSAGE THERAPIES...HOLISTIC, BLISSFUL AND THERAPEUTIC ●

SWEDISH INTUITIVE MASSAGE- (life's antidote to stress, relax/rejuvenate ).....	60 mins	\$85.00
	.....90 mins	\$125.00
	.....30 mins	\$60.00
DEEP TISSUE/SPORT MASSAGE-( relieve muscle ache/stiffness/trigger point).....	60 min	\$115.00
	.....90 min	\$165.00
	.....30min	\$70.00
MASSAGE BLEND....( a fusion of Swedish and deep tissue, one area only).....	60 min	\$105.00+
MASSAGE CUPPING -(deep detoxifying/muscle release/scars/lymph drainage).....	70 min.	\$110.00
REFLEXOLOGY- (restore natural balance/relieve stress and tension).....	60 min.	\$90.00
MANUAL LYMPH DRAINAGE -(light rhythmic touch/ edema/pain/sinus/post surgery, swelling)		
VODDER CERTIFIED	60 mins \$140.00.....	90 mins. \$180.00

### COMPLIMENTARY SERVICES:

MAY INCLUDE AROMATHERAPY, WARM PILLOW/COVER AND SOUND HEALING FOR GROUNDING AND CLEARING.

HOT OR COLD COMPRESS TO RELIEVE PAIN AND RELAX TENSE MUSCLES AT NO EXTRA CHARGE.

BOTTLED WATER AVAILABLE FOR YOU TO TAKE WITH YOU.

FAILURE TO CANCEL BOOKED APPOINTMENT WITHIN 24 HOURS OR NO SHOW WILL BE BILLED FOR 100% OF SERVICE MISSED.

## ● SKINCARE THERAPIES ●

ACNE CONGESTED SKIN.....	60 min.	\$110.00
CUSTOMIZED FACIAL (cleanse/steam/massage/mask/moisturize).....	60 min	\$ 95.00
ULTRASONIC ...(deep cleanse, skin tightening with low frequency vibration).....	60 min	\$110.00
EUROPEAN FACIAL (facial with extractions/steam, massage, enzyme peel, HF).....	60 min	\$110.00
LUNCHTIME PEEL PCA (acne/anti-aging/wrinkles/age spots ).....	30 min	\$120.00 +
BACK TREATMENT ( Let us watch your back).....	30 min	\$90.00

### AGE APPROPRIATE ADVANCE TREATMENTS (advise if using prescribed medication)

MICRODERMABRASION FACE...(crystal/organic/diamond includes mini facial).....	\$100.00
LED RED/BLUE LIGHT THERAPY (incl. deep exfoliation & advance serums).....	\$100.00
MANUAL LYMPH DRAINAGE..... (face/neck).....	\$85.00
COLLAGEN INDUCTION FACE TREATMENT (incudes exfoliation & advanced serums).....	\$150.00
ULTRASOUND TREATMENT..(cellular renewal, repair and tone facial muscles, puffiness).....	\$115.00

Prices are subject to change without notice. Failure to cancel within 24 hours will be billed at 100%. Thank you for choosing IslandTouch Massage & Spa. Visit [www.islandtouchmassage.com](http://www.islandtouchmassage.com) for spa policies, specials and more.

## GIFT CERTIFICATES AVAILABLE IN SPA & ON LINE

969 SE. Federal Highway, Ste. 100A, Stuart, FL 34994. 772-286-8699 MA36721

[www.islandtouchmassage.com](http://www.islandtouchmassage.com)

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